

FREE RESOURCE

Profile Building Checklist

StudyAbroadEdition — ForIndianStudents

45 checkpoints across 9 categories. Tick each item you have completed to evaluate your profile strength.

35–45 Strong

25–34 Average

<25 Needs Work

1 ■ ACADEMICS 5 pts

- Consistent grades (80–95%+)
- Year-on-year improvement
- Advanced coursework (AP / IB / A-Levels)
- Subjects aligned with future major
- No last-minute grade spikes

2 ■ STANDARDISED TESTS 5 pts

- SAT / ACT attempted
- Score above 1400 (SAT benchmark)
- Multiple attempts taken
- IELTS / TOEFL completed (7.0+)
- Structured preparation plan in place

3 ■ EXTRACURRICULAR ACTIVITIES 5 pts

- 3–5 meaningful activities
- Leadership roles held
- State / national competition wins
- 2+ years of consistent involvement
- Aligned with career interest

4 ■ PROJECTS & INTERNSHIPS 5 pts

- 1–2 serious projects completed
- Built something tangible
- Internship experience gained
- Documented work (portfolio / GitHub)
- Clear evidence of problem-solving

5 ■ COMMUNITY SERVICE 4 pts

- Long-term volunteering commitment
- Took initiative (not just participation)
- Measurable impact created
- Cause-driven involvement over time

6 ■ RECOMMENDATIONS (LOR) 5 pts

- Strong teacher selected
- Requested at least 3 months early
- Shared achievements & brag sheet
- Professional follow-up done
- Personalised content confirmed

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7 📄 **ESSAYS** 5 pts

- Multiple drafts written
- Personal story is the focus
- No clichés used
- Expert feedback received
- Clear personal voice throughout

8 🎓 **UNIVERSITY STRATEGY** 5 pts

- 8-12 universities shortlisted
- Balanced list (reach / match / safety)
- Deep research done per university
- Not ranking-based only
- Strong profile-fit alignment confirmed

9 🌐 **DIGITAL PRESENCE** 4 pts

- LinkedIn profile active
- Portfolio / website live
- Projects showcased online
- Professional online presence overall

SCORING GUIDE

<p style="text-align: center;">35 – 45 Strong Profile You're ready to compete globally. Apply confidently.</p>	<p style="text-align: center;">25 – 34 Average Profile A few focused moves will make a big difference.</p>	<p style="text-align: center;">Below 25 Needs Improvement Start now — EduQuest can help you get there.</p>
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Ready to know your exact score?

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